



XX OPEN WATER SWIMMING ASTURIAS CUP

GENERAL RULES

1. GENERAL FRAMEWORK & PROMOTER ENTITY

The *OWS Asturias Cup* is a competition promoted by the *Asociación de Amigos de la Ría de Navia/ARNavia*, under the *Real Federación Española de Natación / RFEN* rules for open water swimming competitions. The following clauses are based on those rules.

As has also been happening for the last five years, the 2018 *Asturias Cup* will be held at the same time as *Leg 4* of the *European Open Water Swimming Cup 2016*. The organisation of this *Leg 4* falls on the *Asociación de Amigos de la Ría de Navia (ARNavia)*, through delegation of the *RFEN* and the *LEN (Ligue Européenne de Natation)*. This means that:

- Swimmers registered to participate in the aforementioned *Leg 4* will be automatically registered in the *XVIII Asturias Cup* and will be participants of their own right in both competitions.
- The Main Referee designated by *LEN* for the *Leg 4*, assisted by the referees nominated by the *RFEN*, will also be the Main Referee for the *XVIII Asturias Cup*.
- There will be two race starts, one for male swimmers and another one for female swimmers; women usually start 10/15 minutes after men. However, staggered starts may occur if recommended (e.g. groups of 50 swimmers, in a 2/3 minutes interval). In the case of a staggered start, the ranking list will be determined by the timings instead of the order of arrival at the finish line.
- The *XX Asturias Cup* is divided into the following age groups: *Junior 1*, *Junior 2*, *Absolute*, *Master* (for more information, please go to swimmers' age groups section below). *LEN Leg 4* doesn't follow these criteria.

If you wish to contact the organising committee, you can do so:

- by phone on **+34 686166470**
- by email inscripciones@rianavia.com
- by post, to **Amigos de la Ría de Navia- Apdo. de Correos nº 5.- 33710 NAVIA (Spain)**.

2. VENUE AND DATE

Navia, Saturday 28th July 2018, at 2:45 pm.

3. DISTANCE AND RACE ROUTE

The *XX Asturias Cup / Leg 4* is 7500m long. The competition will take place on a circuit in the estuary of the river Navia, on swell-free water. Swimmers must complete 4 full laps and then swim towards the finish line inside the harbour.

4. SWIMWEAR

The use of non-textile swimsuits (neoprene) is allowed on this competition following the *LEN* and the *FINA* regulations. Such regulations allow the use of neoprene when the water temperature is below 20 °C and impose its use when the temperature is below 18 °C. Every piece of swimsuit must follow the *FINA* Requirements for Swimwear Approval.

Note: please check regularly the *FINA Requirements for Swimwear Approval*. Only swimwear included on that list will be valid at the *XX Open Water Swimming Asturias Cup*.



5. AGE GROUPS

Criteria for grouping rankings (*junior* or *master*) follow the rules of the *XX OWS Spanish Championship* and are as follows:

- **Junior 1:** Born in 2001 or 2002
- **Junior 2:** Born in 1999 or 2000
- **Master:** Born in 1993 and before (the age group will be mentioned, e.g. 30+, 35+ ...)

This doesn't apply to the *Leg 4* of the *European Open Water Swimming Cup 2018* swimmers.

Age groups could be also used as a criterion for a staggered start.

6. RANKING LISTS

a.1] General Men Asturias Cup. All men, regardless of being registered to take part in the *Leg 4*, will be included in this ranking¹;

a.2] General Women Asturias Cup. All women, regardless of being registered to take part in the *Leg 4*, will be included in this ranking¹.

b.1] General Men Leg 4, only men registered in the *Leg 4 European Open Water Swimming Cup 2018*.

b.2] General Women Leg 4, only women registered in the *Leg 4 European Open Water Swimming Cup 2018*.

7. REGISTRATION

7.1. Quota of swimmers (only for unfederated swimmers)

The participation of international federated swimmers who come to take part in the *LEN -Leg 4* and unfederated swimmers makes it necessary to set a limit on the number of swimmers who come to Navia without a supporting federation. A quota of 36 unfederated swimmers (female and male altogether) is therefore established. In case of receiving more than 36 applications, a draw will be held in order to decide which swimmers will participate.

Registration process will consist of two phases: **Pre-registration** and **Registration**. For specific details, please read Appendix 1.

At a given time during the online registration process (*Registration*), the swimmer will be asked to agree to the requirements for such registration. In order to know those requirements, please read Appendix **Swimming competitions on river Navia 2018 – registration requirements**.

In case of difficulties during the registration process, please send an email to inscripciones@rianavia.com.

7.2. Guest swimmers

The organising committee reserves its right to include on the *Copa Asturias'* participation lists up to 6 additional swimmers, i.e. not belonging to the quota of swimmers and not having taken part in the draw. It is the organising committee's power, in its sole discretion, to decide whether to do it or not.

7.3. Other

Registration is limited for holders of a valid license issued by a Swimming National Association (e.g. *RFEN*). *Asturias Cup's* organizing committee may, exceptionally and based on its own judgment, accept swimmers lacking such a license. If so, *ARNavia* will get an insurance coverage on behalf of the swimmer (see section 12. [risk coverage](#) below).

¹ The grouping of swimmers from a.1] and a.2] will also appear in the ranking: *Junior 1*, *Junior 2*, *Absolute* and *Master* –for *Master* swimmers the age group will also be mentioned, as described by the *RFEN* (30+, 35+, etc.).

Registration is free² for holders of the aforementioned swimming license. Any other swimmer must pay 10€ so that the organising committee, acting on behalf of the swimmer, can get insurance coverage for him³.

In every race, an individual electronic registration device (*transponder*) will make a record of the start and completion time of the swimmer. In addition, some sort of distinctive sign is to be worn to make swimmer's identification easier during the race (the organiser committee will provide swimmers with it). The transponders and the rest of the documents can be collected at the **Logistics' Center** (*centro de recepción de nadadores*) located in the *Nave Municipal El Puerto* (next to the *Descenso's* finish line) on Saturday 28th from 10am to 12:45pm. Please, bear in mind that 12:45pm is the time limit, since swimmers must gather two hours before the race start (2:45pm) in order to carry out the necessary procedures prior to the race (swimwear control, briefing with the Judge Referee...).

If a swimmer cannot collect their own transponder, an authorised person (with a signed permission) can pick it up after having handed over a proof of identity of both the swimmer and the authorised person.

In the event of terminating the participation in the race, no money will be refunded (deposit fee, insurance fee, #viverianavia pass).

If the race has to be cancelled due to circumstances beyond the organising committee's control, the insurance and passes' money will not be refunded.

Any registration form could be rejected if the organising committee considers it does not entail enough proof of personal responsibility from the swimmer or is not adequately endorsed by a responsible body or person.

8. TIME LIMIT TO COMPLETE THE RACE

A 165 minutes (2h 45m) time limit is established to complete the race. 165 minutes after each race start, the race will end and therefore any swimmer that may remain in the water shall be advised and removed by an assistance boat that will take them to the finish line to record the arrival; as they are considered to have completed the race, they will be part of the rankings and will appear on the same position they had by the end of the race (these are not withdrawn or disqualified swimmers and thus are entitled to the 20€ deposit reimbursement). However, shall a swimmer ignore the boat's assistance and refuse to leave the water, he or she will be declared out of classification and lost the 20€ deposit reimbursement.

9. PROOF OF AGE

It must be borne in mind, as stated in the *Descenso's General Rules*, that the organising committee reserves the right to ask any swimmer for a proof of age (even during their stay in Navia). This can be proved with any legal document displaying the birthdate (e.g. ID, passport...). There are multiple reasons to ask for this proof of age: to check if a swimmer is a minor and therefore needs parent's or guardian's permission; to handle complaint forms from a.1, a.2, b.1 or b.2 races; or for the classification as *Infant* or *Master*.

² Section II on Appendix I (*Registration*) states that, in order to make a registration official, a deposit of 20€ must be done. This is not a registration fee and, as written on the aforementioned Appendix, will be returned after successful completion of the race.

³ Besides, the organizing committee offers a special coupon to swimmers (**#viverianavia18 pass**) for 10€ which allows the owner to: 1) take part in the collective *brotherhood lunch* (*comida de hermandad*) on Sunday 29th July and 2) pick up a LXI *Descenso's* gift exclusive for swimmers. By buying this coupon, an extra coupon (**friend's pass**) for a non-swimmer companion (relative, friend, etc.) may be purchased for 10€. The **friend's pass** includes: 1) the *brotherhood lunch* and 2) the typical Asturias *bollo preñado* ("chorizo" breadroll) plus a soft drink in the *romería asturiana* (celebration in honour of the swimmers) at the races' end, on 29th July in the evening. Every Asturias Cup swimmer, regardless of having purchased the *#viverianavia18 pass* or not, will get the *chorizo breadroll* and a drink.

Swimmers officially registered for the Asturias Cup and not participating in the *Descenso* are also allowed to get this coupon (and the friend's pass) –only one coupon per swimmer is allowed, regardless of the participation in one or both competitions. For more information, please read the *Descenso's* General Rules.

Any swimmer wishing to get the *#viverianavia18 pass* and, in its case, the non-swimmer *friend's pass*, should tick the appropriate boxes on the registration form, no later than 23rd July. Once the registration period is over neither *#viverianavia18 pass* nor *friend's pass* requests will be accepted.

10. PROOF OF AGE

It must be borne in mind, as stated in the *Descenso's General Rules*, that the organising committee reserves the right to ask any swimmer for a proof of age (even during their stay in Navia). This can be proved with any legal document displaying the birthdate (e.g. ID, passport...). There are multiple reasons to ask for this proof of age: to check if a swimmer is a minor and therefore needs parent's or guardian's permission; to handle complaint forms from a.1, a.2, b.1 or b.2 races; or for the classification as *Infant* or *Master*.

11. AWARDS

- Specific awards (*Leg 4 medals*) will be awarded to the first three swimmers from **b.1]** and to the first three swimmers from **b.2]** rankings.
- There will also be trophies for the first three swimmers from **a.1]** and **a.2]** rankings, regardless of their belonging to *Junior 1*, *Junior 2*, *Absolute* or *Masters* grouping. Besides there will be 3+3 additional trophies awarded to the three next men and women who complete 7500m circuit, if they haven't been awarded any of the previous prizes and are not registered as *Leg 4* swimmers.

Junior and *Master* swimmers won't receive a specific age group award.

- All swimmers completing the *Asturias Cup* will receive a commemorative gift for their participation.

12. JURY

As stated above, the Main Referee designated by *LEN* for the *Leg 4* will also be the Main Referee for the *XX Asturias Cup* and will be assisted by the referees designated by the *RFEN*. Any queries, rules interpretations or disagreements not covered by a clause in this document will be resolved by the Main Referee (who, if needed, may seek advice from the representatives of the organising committee). His/her decision will be final.

13. RISK COVERAGE

Any swimmer holding a national swimming license (valid for competitions recognized by the *RFEN*) must make sure he/she is covered by an insurance embracing the risks of his/her participation in the *Asturias Cup*. The organising committee acceptance of his/her entry into the races is based on this personal assert/responsibility assumption. For other participants without a license or insurance policy valid to cover the risks that his/her participation might imply, the promoter entity (i.e., the *ARNavia*) will subscribe on his/her behalf an accident's insurance policy to foresee the coverage of these risks. Beyond the subscription of the aforementioned accident's insurance policy, the *Asociación de Amigos de la Ría de Navia* and the *Asturias Cup's* organising committee (who will provide the convenient aid services) decline any responsibility that the participation in the races might imply –responsibility which falls on the swimmer itself.

Please note that any activity related to the organisation and implementation of the *Descenso* carried out by *Asociación de Amigos de la Ría de Navia/ARNavia* and the organising committee of the *Asturias Cup* is covered by the convenient Civil Liability insurance.

Note: The organising committee reserves its right to add, remove or modify any of the present rules. The registration to swim the *Asturias Cup* automatically implies the full acceptance of all of them.



XX OPEN WATER SWIMMING ASTURIAS CUP (28th July 2018)

Appendix 1

PRE-REGISTRATION AND REGISTRATION PROCESS

As said on Section 7.1 of the Asturias Cup General Rules, the participation of international federated swimmers who come to take part in the *LEN -Leg 4* and unfederated swimmers makes it necessary to set a limit on the number of swimmers who come to Navia without a supporting federation.

A quota of 36 unfederated swimmers (female and male altogether) is therefore established. In case of receiving more than 36 applications, a draw will be held in order to decide which swimmers will participate.

Registration process will consist of two phases: **Pre-registration** and **Registration**, following the next guidelines.

I. PRE-REGISTRATION

Pre-registration must be done online at www.rianavia.es by clicking on the Copa Asturias sign up link on the homepage. Registration period is open from 3rd May until 14th June at 11:59pm.

A list with the pre-registered swimmers (listed by ID number rather than name) will be published on 14th June on our Facebook page <https://www.facebook.com/OWSnavia/>. If more than 36 swimmers apply for the competition, each one will be given a number in chronological pre-registration order for the draw. Details on how the draw will be held and the number of female and male swimmers to be chosen will also be published on that post.

The result of the draw will be published on 19th June on our Facebook page, on the same day when the registration period starts (only for those who have been chosen by draw). Those swimmers not chosen by draw will be included in a waiting list arranged after the draw results. On that Facebook post the position of the participants will be listed.

II. REGISTRATION

The accepted swimmers must register three days after receiving the confirmation. Registration must be done online at www.rianavia.es by clicking on the **Copa Asturias sign up** link on the homepage. A refundable 20€ deposit must be made when confirming the registration and will be refunded in cash after the competition. This deposit will not be refunded to swimmers who have not participated in the race, those disqualified for unsporting action* or those declared out of classification (please refer to section 7.3 of the Asturias Cup General Rules for more information). Swimmers who withdraw will be reimbursed.

Confirmation period ends on 22nd June at 11:59pm. Any accepted swimmer who has not confirmed the registration and made the 20€ deposit will lose the spot. The organising committee will then pass on to the next swimmer on the waiting list and send an e-mail to inform him or her. The registration must be done within two days after the e-mail's delivery (i.e. 11:59pm on the third day, as the delivery day is considered "day one"). If no answer is received within three days (even if the swimmer has not read the e-mail yet), the swimmer will have lost his or her spot and the organising committee will proceed to contact the next swimmer on the list.

* According to the European OWS Cup Regulations, Cup-OW 3.4.2.: "If in the opinion of the Referee, an action of a swimmer or an escort craft is deemed to be "unsporting", the Referee shall disqualify the swimmer concerned immediately according to FINA Rules." (http://www.len.eu/wp-content/uploads/2016/04/European_open_water_cup1620.pdf)



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The final participants' list will be published on our Facebook page (<https://www.facebook.com/OWSnavia/>). on 29th June. Any swimmer who ceases participation (even if it is due to force majeure) will not be reimbursed the 20€ deposit.

In the event of having any spots left by 29th June (i.e. less than 36 swimmers), the organising committee reserves its right to open a new registration period. Registrations during this new period will be accepted on a first-come-first-serve basis after the 20€ deposit is made (no pre-registration or waiting list). Once 36 swimmers have registered for the competition, the registering process will automatically close. Registration period (regardless of having reached 36 swimmers or not) is to end on 23rd July at 11.59pm at the latest.

Navia, 5th April 2018