

LX DESCENSO A NADO DE LA RÍA DE NAVIA

Navia's Estuary Downstream Swimming

GENERAL RULES

1. GENERAL FRAMEWORK

The *Descenso a Nado de la Ría de Navia* (*Descenso* from now on) is a long distance open water swimming competition under the *Real Federación Española de Natación (RFEN)*, from now on) rules for open water swimming competitions. This year's competition is included in the *III Open Water Swimming Spanish Cup* (promoted by the above mentioned *Spanish Swimming Federation/RFEN*).

The following clauses are based on those rules. For more information about the *Regulations* and the *Preparation of Ranking & Awards' Ceremony Lists*, please visit www.rianavia.com.

2. PROMOTER ENTITY

Asociación de Amigos de la Ría de Navia/ARN (*Navia's Estuary Friends' Association*). You can contact them:

- by email, at inscripciones@rianavia.com
- by phone, on +34 985473018
- by post, to Apartado de Correos no. 5- NAVIA (Spain), postal code 33710

3. VENUE AND DATE

Navia, Sunday 6th August 2017 at 17:00

4. RACES

The Descenso 2017 will have four different races:

- 1100m for any swimmer
- 2400m for any swimmer
- Two 5000m races: 5000m women and 5000m men

5. AGE GROUPS

- Born in 2004 and after: are allowed to swim the 1100m race
- Born in 2002 and 2003: **Infant A** (please, see section 6 **b** for more information regarding this age group)
- Born from 1993 up to 1997: **Absolute**
- Born in 1992 and before: **Master** (25+ and above)

6. TERMS AND CONDITIONS - SWIMWEAR

Swimwear

Only 1100m and 2400m swimmers are allowed to wear either textile swimsuits or non-textile swimsuits (*neoprene*), 5000m swimmers are only allowed to wear textile swimsuits. Every piece of swimsuit must follow the *FINA Requirements for Swimwear Approval*.

Terms and conditions of participation

a] Any swimmer is allowed to take part in the 1100m race. The following groups will be made:

a.1] Infant B boys, exclusive for male swimmers born in 2004 or after swimming with a textile swimsuit (boys may swim wearing a neoprene swimsuit but will not be part of the *Infant B boys* ranking).

a.2] Infant B girls, exclusive for female swimmers born in 2004 or after swimming with a textile swimsuit (girls may swim wearing a neoprene swimsuit but will not be part of the *Infant B girls* ranking).

There will be two chronological ranking lists, one for women and another one for men, indicating for each swimmer the age group they belong to (2004 or after, Infant A, Absolute, Master; as for Masters the particular XX+ age group will also be mentioned). These will not differentiate between textile-wearers and non-textile-wearers.

In this race trophies will only be awarded to **a.1** and **a.2** swimmers (i.e., *swimmers born in 2004 or after* WITHOUT neoprene swimwear).

As this race is primarily aimed at children up to 13 years old, there will be two different starts within a 5 minutes interval. *Infant B* swimmers will begin and 5 minutes later the rest of the swimmers will start. The main reason why there will be two different starts is to avoid outshining the children's performance. In order to make the rankings, such interval will be taken into account; the final outcome will be that of the moment when the second group started swimming. There will not be any time adjustment depending on whether or not the swimmer is wearing a neoprene.



b] Any swimmer is allowed to take part in the 2400m race, except for swimmers born in 2004 or after. The following groups will be made:

b.1] Infant A boys, exclusive for male swimmers born in 2002 or 2003 swimming with a textile swimsuit (boys may swim wearing a neoprene swimsuit but will not be part of the *Infant A boys* ranking).

b.2] Infant A girls, exclusive for female swimmers born in 2002 or 2003 swimming with a textile swimsuit (girls may swim wearing a neoprene swimsuit but will not be part of the *Infant A girls* ranking).

There will be two chronological ranking lists, one for women and another one for men, indicating for each swimmer the age group they belong to (*Infant A*, *Absolute*, *Master*; as for *Masters* the particular *XX+* age group will also be mentioned). These will not differentiate between textile-wearers and non-textile-wearers.

In this race trophies will only be awarded to **b.1** and **b.2** swimmers (i.e., *Infant A* age group WITHOUT neoprene swimwear).

As happened in the 1100m race, there will be two different starts within a 5 minutes interval. *Infant A* swimmers will begin and 5 minutes later the rest of the swimmers will start. Again, rankings will be made taking into consideration the moment when each group started swimming. There will not be any time adjustment depending on whether or not the swimmer is wearing a neoprene.

c] Any female swimmer is allowed to take part in the 5000m women race, except for girls born in 2004 or after. Please note that **non-textile swimsuits (i.e. neoprene) are NOT allowed** on this race. The first swimmer in the 5000m women race will get the prize as the woman absolute winner of the *LX Descenso* (1000€ plus trophy) regardless of her grouping as *Master*, *Absolute* or *Infant A*. In this race a sole ranking list will also be prepared (the **Women General's**) in which all of its participants will appear, besides indicating for each swimmer the age group they belong to (*Infant A*, *Absolute*, *Master* –for *Masters* the particular *XX+* age group will also be mentioned).

d] Any male swimmer is allowed to take part in the 5000m men race, except for boys born in 2004 or after swimmers. Please note that **non-textile swimsuits (i.e. neoprene) are NOT allowed** on this race. The first swimmer in the 5000m men race will get the prize as the man absolute winner of the *LX Descenso* (1000€ plus trophy) regardless of his grouping as *Master*, *Absolute* or *Infant A*. In this race a sole ranking list will also be prepared (the **Men General's**) in which all of its participants will appear, besides indicating for each swimmer the age group they belong to (*Infant A*, *Absolute*, *Master* –for *Masters* the particular *XX+* age group will also be mentioned).



7. REGISTRATION- TRANSPONDERS' COLLECTION

Registration must be done online at www.riana.es by clicking on the **sign up** link on the homepage. Registration period ends on **31st July at 23:59**.

In case of experiencing any difficulties during the registration process, please send an email to inscripciones@riana.es describing what problem you encountered.

Registration is free for holders of a valid license issued by a Swimming National Federation (e.g. *RFEN*) or other equivalent Body. Any other swimmer must pay 10€ so that the organizing committee, acting on behalf of the swimmer, can get insurance coverage for them.

Besides, the organizing committee offers a special coupon to swimmers (**#viverianavia17 pass**) for 10€ which allows the owner to: 1) take part in the collective *brotherhood lunch (comida de hermandad)* on August 7th at midday and 2) pick up an exclusive *LX Descenso's* gift for swimmers. By buying this coupon, an extra coupon (**friend's pass**) for a non-swimmer companion (relative, mate, etc.) may be purchased for 10€. The **friend's pass** includes: 1) the brotherhood lunch and, 2) the typical Asturias *bollo preñado* ("chorizo" breadroll) plus a soft drink in the *romería asturiana* (celebration in honour of the swimmers) at the races' end, in the evening. Every swimmer, regardless of having purchased the **#viverianavia17 pass** or not, will get the *chorizo breadroll* and a drink.

Any swimmer wishing to get the **#viverianavia17 pass** and, in its case, the non-swimmer **friend's pass**, should tick the appropriate boxes on the registration form. Once the registration period is over neither **#viverianavia17 pass** nor **friend's pass** requests will be accepted.

In every race, an individual electronic registration device (*transponder*) will make a record of the start and completion time of the swimmer. These transponders and the rest of the documents can be collected at the **Logistics' Center (centro de recepción de nadadores)** located in the *Nave Municipal El Puerto* (next to the *Descenso's* finish line) on Saturday 5th and on Sunday morning – exact times will be published later on.

In order to collect the transponder and be allowed to participate in the *Descenso*, swimmers must hand in the *Acceptance of Terms and Conditions - Declaration of Conformity* (see Appendix) duly completed along with a proof of identity and age (e.g. ID, swimming license, passport...).

If a swimmer cannot collect their own transponder, an authorised person (with a signed permission) can pick it up after having handed over the signed permission and the *Acceptance of Terms and Conditions - Declaration of Conformity* (signed by the swimmer) with the proof of age and identity.

In the event of terminating the participation in the race, no money will be refunded; even if the termination is due to the organizing committee's judgment (e.g. having failed to complete/hand in the *Acceptance of Terms and Conditions - Declaration of Conformity* or the proof of age).

If a race (or even the global competition) has to be cancelled due to circumstances beyond the organizing committee's control, the insurance and passes' money will not be refunded.



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Any registration form could be rejected if the organizing committee considers it does not entail enough proof of personal responsibility from the swimmer or is not adequately endorsed by a responsible body or person.

8. TROPHIES AND PRIZES

Winners from the **c** ranking (5000m women) and the **d** ranking (5000m men) will be awarded, besides the trophy, the following cash prizes:

- 1st → 1000 €
- 2nd → 700 €
- 3rd → 400 €

Several public and private organizations use to donate valuable trophies that are handed to the best swimmers in **a.1, a.2, b.1, b.2, c** and **d** rankings/sub-rankings.

All swimmers that successfully complete the race they signed up for will get a **finisher** medal. And, in the case of 55+ (and over) *Master* swimmers, they will receive, regardless the race they complete the *Descenso's Little Mermaid* traditional award, besides the *finisher* medal.

If a race (or even the global competition) has to be cancelled due to circumstances beyond the organising committee's control, trophies and awards' ceremony will also be cancelled.

9. JURY

The *Descenso's Main Referee* will be appointed by the **RFEN Referee's Committee** (*Comité Nacional de Árbitros de la RFEN*) and, under his/her authority; independent juries for each of the four races will be constituted. Any queries, rules' interpretations or disagreements, or any other questions not covered by any of the clauses in this document will be sorted out by the *Main Referee*. If necessary, the *Main Referee* can seek for the advice of the representatives from the organising committee.

10. INSURANCE COVERAGE

Any swimmers holding a national swimming license (valid for competitions recognized by the *RFEN*) must make sure he/she is covered by an insurance embracing the risks of his/her participation in the *Descenso*. The organising committee acceptance of his/her entry into the races is based on this personal assert/responsibility assumption. For any other participant without a license or insurance policy valid to cover the risks that his/her participation might imply, the promoter entity (i.e., the *Asociación de Amigos de la Ría de Navia/ARN*) will subscribe on his/her behalf an accident's insurance policy to foresee the coverage of these risks. Beyond the subscription of the aforementioned accident's insurance policy, the *Asociación de Amigos de la Ría de Navia/ARN* and the *Descenso's* organising committee (who



will provide the convenient aid services) decline any responsibility that the participation in the races might imply –responsibility which falls on the swimmer itself.

Note: The organising committee reserves its right to add, remove or modify any of the present rules. The registration to swim the *Descenso* automatically implies the full acceptance of all of them.

Navia, 17th February 2017



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